## American Group Psychotherapy Association New York 2004

## Wild Civility Working with Erotic Feelings in Group Therapy and Supervision Workshop 49

Melissa Black, Ph.D., CGP, *Dallas Group Analytic Practice* Dale Godby, Ph.D., ABPP, CGP, *Dallas Group Analytic Practice* 

The erotics between the supervisor and the supervisee, the members of the supervision group, and supervisee and their therapy group will be explored. The tension wild-civility will be used to illustrate a valuable dialectic in managing erotic feelings for the benefit of all involved. The workshop will utilize didactic and sharing of work experience to demonstrate the wild-civility dialectic. *didactic-sharing of work experiences-experiential-demonstration* 

#### Course References:

- Davies, J. (1998). Between the disclosure and foreclosure of erotic transferencecountertransference: Can psychoanalysis find a place for adult sexuality? *Psychoanalytic Dialogues*, *8*, 747-766
- Gabbard, G. & Lester, E. (1995). *Boundaries and boundary violations in psychoanalysis*, New York: Basic Books.
- Russ, H. (1999). Leaving chastity behind: The analyst's use of her sexual response. *Psychoanalytic Psychology*, *16*, 605-616.

#### REFERENCES

- Benjamin, J. (1994) What angel would hear me?: The erotics of transference. *Psychoanalytic Inquiry.14*, 535-557.
- Bolognini, S. (1994) Transference: Erotised, erotic, loving, affectionate. *International Journal of Psycho-Analysis* 75, 73-86.

"Campus Sexual Harassment Novel" a la Cristina Nehring Baxter, C. (2000). *The feast of love*. New York: Pantheon Books. Coetzee, J. M. (1999) *Disgrace*. New York: Viking L'Heureux. *Handmaid of desire*. New York: Soho Press. Lodge, D. (2001). *Thinks*. New York: Viking O'Brien, T. (1998). *Tomcat in love*. New York: Bantom Books. Prose, F. (2000) *Blue angel*. New York: HarperCollins. Roth, P. (2001). *The dying animal*. New York: Houghton Mifflin Co,

- Celenza, A. (1991) The misuse of countertransference love in sexual intimacies between Therapists and patients. *Psychoanalytic Psychotherapy*, 8, 501-509.
- Celenza, A. (1995). Love and hate in the countertransference: Supervisory concerns. *Psychotherapy: Theory, Research, Practice, Training.* 32, 301-307.
- Celenza, A. & Hilsenroth, M. (1997). Personality characteristics of mental health professionals who engaged in sexualized dual relationships: A Rorschach investigation. *Bulletin of the Menninger Clinic, 61*, 90-107.
- Celenza, A. (1998). Precursors to therapist sexual misconduct: Preliminary findings. *Psychoanalytic Psychology*, *15*, 378-395.
- Celenza, A. & Gabbard, G. O. (2003). Analysts who commit sexual boundary violations: A lost cause? *Journal of the American Psychoanalytic Association*, *51*, 617-636.
- Coen, S. J. (1994) Barriers to love between patient and analyst. *Journal of the American Psychoanalytic Association 42*, 1107-1135.
- Cooper, S. H. (1998). Flirting, post-oedipus, and mutual protectiveness in the analytic Dyad: Commentary on paper by Jody Messler Davies. *Psychoanalytic Dialogues*, *8*, 767-780.
- Davies, J. M. (1994). Love in the afternoon: A relational reconsideration of desire and dread in the countertransference, *Psychoanalytic Dialogues*, *4*, 153-170.

- Davies, J.M. (1998). Between the disclosure and foreclosure of erotic transferencecountertransference: Can psychoanalysis find a place for adult sexuality? *Psychoanalytic Dialogues*, 8, 747-766.
- Davies, J. M. (1998). Thoughts on the nature of desires: The ambiguous, the transitional, and the poetic: Reply to commentaries. *Psychoanalytic Dialogues*, *8*, 805-823.
- Davies, J.M. (2000). Descending the therapeutic slopes—slipper, slipperier, slipperiest: Commentary on papers by Barbara Pizer and by Glen O. Gabbard. *Psychoanlytic Dialogues*, 10, 219-229.
- Dziech, B.W., and Weiner, L. (1990) (2<sup>nd</sup> Edition). *The lecherous professor*. Urbana and Chicago: University Illinois Press.
- Fitzpatrick, K. (1999). Terms of endearment in clinical analysis. *Psychoanalytic Quaterly*, 68,119-125.
- Flowers, B. S. (1998) A wild civility and the laws of grace. Lecture: Salado, TX 1998.
- Gabbard, G. O. (1996) *Love and hate in the analytic setting*. New Jersey & London: Jason Aronson.
- Gabbard, G. O. (2000). Consultation from the consultant's perspective. *Psychoanalytic Dialogues*, *10*, 209-218.
- Gabbard, G. O. (1998). Commentary on paper by Jody Messler Davies. *Psychoanalytic Dialogues*, *8*, 781-790.
- Gabbard, G.O. and Lester, E.P. (1995). *Boundaries and boundary violations in psychoanalysis.* New York: Basic Books.
- *Guinevere* (1999) Movie with Stephen Rea and Sarah Polley. Written and directed by Audrey Wells, writer of "The Truth about Cats and Dogs".
- Haule, J.R. (1996). *The love cure: Therapy erotic and sexual*. Woodstock Connecticut: Spring Publications, Inc.
- Herrick, R. (1591-1674) *Delight in Disorder in The Works of Robert Herrick*. Alfred Pollard (Ed). (1891). London: Lawrence & Bullen, 32.
- Hoffman, I. Z. Poetic transformations of erotic experience: Commentary on paper by Joddy Messler Davies. *Psychoanalytic Dialogues*, 8, 791-804.
- Langs, R. (1997). The framework of supervision in psychoanalytic psychotherapy. In B. Martindale (Ed). *Supervision and its vicissitudes*. London: Karnac.

- Jacobs, D. (2001). Narcissism, eroticism, and envy in the supervisory relationship. Journal of the American Psychoanalytic Association, 49, 813-828.
- Lott, D.A. (1999). *In session: The bond between women and their therapists*. New York: W.H. Freeman and Company.
- Martinez, R. (2000). A model for boundary dilemmas: Ethical decision-making in the patient-professional relationship. *Ethical Human Sciences and Services*, *2*, 43-61.
- Nehring, C. (September, 2001) The higher yearning: Bringing eros back to academe. *Harper's Magazine*.
- Ogden, T. (1990). On potential space, chapter in *Matrix of the mind*. Northvale, NJ: Aronson.
- Pines, M. (2000). Reflections of a group analyst. In J. Shay & J. Wheelis (Eds.). Odysseys in psychotherapy, 282-311. New York: Ardent Media Inc.
- Patai, D. (1998). *Heterphobia: Sexual harassment and the future of feminism.* New York: Rowman & Littlefield Publishers.
- Pizer, B. (2000). The therapist's routine consultations: A necessary window in the treatment frame. *Psychoanalytic Dialogues*, *10*, 197-207.
- Pizer, S. A. (2000). The role of consultations in the prevention of boundary violations. *Psychoanalytic Dialogues*, *10*, 1995-196.
- Person, E. (1985) The erotic transference in women and in men: Differences and consequences. *Journal of the American Psychoanalytic Association 33*, 159-180.
- Pope, K. S. (1994). Sexual involvement with therapists: Patient assessment, subsequent therapy, forensics. Washington, DC: American Psychological Association.
- Rabin, H. M. (2003). Love in the countertransference: Controversies and questions. *Psychoanalytic Psychology*, 20, 677-690.
- Rosen, J. (2000). *The unwanted gaze: The destruction of privacy in America*. New York: Random House.
- Rutter, P. (1989). Sex in the forbidden zone. Los Angeles: Tarcher.
- Russ, H. G. (1999). Leaving chastity behind: The analyst's use of her sexual response. *Psychoanlytic Psychology*, *16*, 605-616.

- Sharpe, M. (Ed.) (1995). *The third eye: Supervision of analytic groups*. London & New York: Routledge.
- Slavin, J. H. (2002). The innocence of sexuality. Psychoanalytic Quaterly, 61, 51-80
- Smith, S. (1984) The sexually abused patient and the abusing therapist: A study in Sadomasochistic relationships. *Psychoanalytic Psychology*, *2*, 89-98.
- Talbot, M (1994) A most dangerous method. *Lingua Franca*, January/February.
- Tylim, I. (1999). Group supervision and the psychoanalytic process. *International Journal of Group Psychotherapy*, 49, 181-196.
- Tylim, I. (2003). Eroticism in group psychotherapy: Psychoanalytic reflections on desire, agony, and ecstasy. *International Journal of Group Psychotherapy*, 53, 443-458.
- Welles, J. & Wrye, H. K. (1994) *The narration of desire: Erotic transferences and countertransferences.* Hillsdale:NJ: Analytic Press.
- Weldon, E. (1982). Eroticisation of the group process used by patients suffering from sexual deviations as resistance against the therapeutic alliance. *Group Analysis: International Panel and Correspondence, 15,* 22-24.
- Wilkinson, S. M. & Gabbard, G. O. (1995). On romantic space. *Psychoanalytic Psychology*, *12*,

# **Evocations of Eros**

### **Delight in Disorder**

A sweet disorder in the dress Kindles in clothes a wantonness: A lawn about the shoulders thrown Into a fine distraction: An erring lace, which here and there Enthralls the crimson stomacher: A cuff neglectful, and thereby Ribbands to flow confusedly: A winning wave (deserving note) In the tempestuous petticoat: A careless shoe-string, in whose tie I see a **wild civility:** Do more bewitch me, than when art Is too precise in every part.

Robert Herrick (1591-1674)

## First Elegy

Who, if I cried out, would hear me among the angels' hierarchies? and even if one of them pressed me suddenly against his heart: I would be consumed in that overwhelming existence. For beauty is nothing but the beginning of terror, which we still are just able to endure,

and we are so awed because it serenely disdains to annihilate us. Every angel is terrifying.

Rainer Maria Rilke, (1875-1926) The First Elegy, Duino Elegies, Stephen Mitchell, Translator

"There is a fear, always latent in the countertransference, that reparation can turn to destruction, that love can injure as well as heal....In any event, the fear of destructiveness is surely central to all individual and cultural fears of sexuality, the fear that sexuality can be a traumatic force: greedy, selfish, oblivious, invading, shattering, exploiting....The psychoanalytic endeavor is intended to identify what can be healing as well as destructive in the erotic; and contribute to lifting the weight of the taboo that prevents our conscious participation in that endeavor. " (Benjamin, 1994, 201)

Eros is a reaching out of the soul to a hoped-for good. The object is eternal beauty. In its crudest form, love for a beautiful person is really a passion to achieve immortality through offspring by that person. A more spiritual form is the aspiration to combine with a kindred soul to give birth to sound institutions and rules of life. Still more spiritual is the endeavor to enrich philosophy and science through noble dialogue.

(Encyclopedia Britannica, 15<sup>th</sup> Edition, Plato, Volume 14, p. 535. The article is attributed to the editors, but this quote reads as if it comes from Mortimer Adler who was editor-in-chief)