

# Psychotherapy of Personality Disorders and Film

**Malcolm Bonnheim, PhD and Dale C. Godby, PhD**

Using readings, clips from popular film, and clinical material from practice we will explore some of the evolving material on attachment theory, interpersonal neurobiology, mentalizing, and transference focused psychotherapy for the personality disorders.

**When:** 2007, Alternate Wednesdays 11:30 AM to 1:30 PM starting in September.

September 5, Wednesday 11:30 AM to 1:30 PM

**Developmental and Neurobiological Theories of Character Formation**

September 19, Wednesday 11:30 AM to 1:30 PM

**Etiology, Development, and Epidemiology of Personality Disorders**

October 3, Wednesday 11:30 AM to 1:30 PM

**Differential Diagnosis and Assessment of Personality Disorders**

October 17, Wednesday 11:30 AM to 1:30 PM

**Treatment Goals and Treatment Modalities**

November 7, Wednesday 11:30 AM to 1:30 PM

**Therapeutic Alliance, Transference, and Counter-transference I**

December 5, Wednesday 11:30 AM to 1:30 PM

**Therapeutic Alliance, Transference, and Counter-transference II**

*If there is interest, we plan to offer a second and third semester of this course, which will focus on the psychodynamics and treatment of specific personality disorders such as borderline, narcissistic, masochistic, paranoid, schizoid, passive/aggressive, etc.*

**Where:** Dallas Group Analytic Practice. 6330 LBJ, #150, Dallas 75240

**Fee:** \$480. \$180 registration will reserve a space in the class. Make check payable to DGAP and mail to above address. The balance is payable at \$100 at the 1<sup>st</sup> class in Oct., Nov., and Dec. Make check to DGAP and mail to above address.

**Format:** The class will be divided into approximately three 40 minute sections. The class will be limited to 8 members to encourage the affective learning of psychotherapy by the therapists in attendance. There will be time to explore the emotional impact of transference, countertransference, and the trials that arise in trying to form a therapeutic alliance with difficult patients.

1. Lecture—Question and answer ~40 Minutes
2. Film clips and discussion ~40 Minutes
3. Clinical material and discussion ~40 Minutes

Some have asked if there are any pre-requisites for this course. The primary pre-requisite is a desire to improve your ability to do psychotherapy with personality disordered patients. Any personal therapy, supervision, and course work you have had in the past will be helpful. The following readings or ones like them may also be useful.

### References

Fonagy, P. and Target, M. (2003). *Psychoanalytic theories: Perspectives from developmental psychopathology*. New York: Brunner-Routledge.

Gabbard, G. O. (2004). *Long-term psychodynamic psychotherapy: A basic text*. Washington, DC: American Psychiatric Publishing.

McWilliams, N. (2004). *Psychoanalytic Psychotherapy: A Practitioner's Guide*. New York: Guilford Press.

PDM Task Force. (2006). *Psychodynamic Diagnostic Manual*. Silver Spring, MD: Alliance of Psychoanalytic Organizations.

Pine, F. (1990). *Drive, ego, object and self: A synthesis for clinical work*. New York: Basic Books.

***We are still in the process of choosing the readings for the course. Our plan is to limit the reading to 50 pages or less for each class. The readings will be chosen from the list of references on the following pages and various journal articles.***

# References

## Psychotherapy of Personality Disorders and Film

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- Hesley, J.W., Hesley, J. G. (2001). *Rent two films and let's talk in the morning* (2<sup>nd</sup> ed). New York: John Wiley & Sons, Inc.
- Hylar, S. E. , Chou, J. C.-Y. (1996). *Video casebook of psychiatry*. [Videotape].
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